



MV FOOD MENU FOR JAN 2025 (3RD JAN TO 16TH JAN)

DAY	BREAKFAST	SHORT BREAK	LUNCH	SNACKS	DINNER
FRIDAY 3 rd JAN 2024	PANEER PRATHA, AACHAR, BANANA	ANY ITEMS FROM CAFE	RICE, ROTI, ARAHAR DAL , FULGOBI ALOO MATAR SABJI, BAGAN FRY , SALAD	MURI MASALA	ROTI, YELLOW RICE, DAL FRY, BEANS ALOO FRY, MILK
SATURDAY 4 TH JAN 2024	IDLY , SAMBAR, DHANIA COCONUT CHATNI	GRILLED SANDWICH 1 PC	MASHALA KHICHDI, ALOO CHOKHA, FRYUMS, AACHAR	VEG PAKORI	ROTI, RICE, ALOO PANEER CURRY, MIXED DAL
SUNDAY 5 TH JAN 2024	CHOLA , BATURA, GREEN CHATNI, ONION SALAD	HOLIDAY	VEG FRIED RICE, CHILI PANEER(FOR VEG), CUCUMBER SALAD	VEG PURPLE MOMOS	RICE, ROTI, BAGAN BHARTA, CHANA DAL
MONDAY 6 TH JAN 2024	ALOO PRATHA, DHANIA PUDINA CHATUNY, BANANA	MALAI TOST	RICE, ROTI, MSOOR PALAK DAL, SEASONAL MIXED VEG, BEANS ALOO FRY , AACHAR	MASHALA ROSTED POHA	ZIRA RICE, ROTI, VEGETABLE FRY, ARAHAR DAL, MILK
TUESDAY 7 TH JAN 2024	UTAPAM, SAMBAR, COCONUT CHATUNY	SAMOSAS , RED CHAUTNY 1 PC	RICE, ROTI, RAJAMA, PATTAGOBHI MATAR ALOO, PAPARD	VEG MAGEE	RICE, ROTI, LOBIA CURRY, PAPITA ALOO DRY
WEDNESDAY 8 TH JAN 2024	MATAR KACHORI, CHUR ALOO SABJI , SOOJI HALWA	PAN CAKE	RICE, ROTI, VEG MOONG DAL, ALOO FULGOBI CURRY, KUNDRI ALOO FRY , SALAD	VEG CUTLET	RICE, ROTI, MIXED DAL, ALOO MATAR PANEER SABJI.
THURSDAY 9 TH JAN 2025	VEG PRATHA , GREEN CHATUNY, LAPSI	JAM BREAD 2 PC	RICE, ROTI, LOCKI CHANA DAL , ALOO MATHI BHAI , FRYUMS	PAPRI CHAAT	RICE, ROTI, AACHARI ALOO , DAL FRY , MILK

DAY	BREAKFAST	SHORT BREAK	LUNCH	SNACKS	DINNER
FRIDAY 10 TH JAN 2025	STUFFED IDLY , SAMBAR, DHANIA COCONUT CHATNI BANANA / FRUIT	ANY ITEMS FROM CAFE	RICE, ROTI, MASOOR DAL, MIXED VEG WITH PALAK, BEANS THORAN, SALAD.	IDLY FRY	RICE, ROTI, CHANA DAL FRY, VEG JALFREZI.
SATURDAY 11 TH JAN 2025	PLAIN PRATHA, ALOO CHANA SABJI ,GREEN CHATNI	PARI NIMKI	RICE, ROTI , PAKORI KADHI , BAGAN ALOO SABJI, PAPARD	HAKKA NOODLES	RICE, ROTI, MIXED DAL, CHILI SOYABIN
SUNDAY 12 TH JAN 2025	SATTU PRATHA, GREEN CHATNI , BUNDIA	HOLIDAY	ALOO BRIYANI, PANEER GRAVY, SALAD	PANI PURI 6 PCS	NAN, MIXED VEG WITH PANEER, TARKA DAL
MONDAY 13 TH JAN 2025	KERLA DHOSA, GREEN CHATNI WITH NARIAL, SAMBAR	ANY ITEMS FROM CAFE	RICE, ROTI, DALMA, ALOO CHOKHA, AACCHAR	PAPRI CHAAT	ROTI , RICE, SOYABIN ALOO CURY, DAL FRY, MILK
TUESDAY 14 TH JAN 2025 (MAKAR SANKRANTI)	MASHALA PURI, ALOO SABJI,STUFFED PAN CAKE 1 PC (PATISHAPTA)	HOLIDAY	RICE, MISSI ROTI, PANCHMELA DAL, MIXED VEG WITH PANEER, PAPARD	MATAR PUFF 2 PCS	ROTI, RICE, WHOLE MASOOR DAL, PAPITA ALOO SABJI, RICE KHEER
WEDNESDAY 15 TH JAN 2024	PANEER PRATHA, GREEN CHATNI, BANANA / FRUIT	SWALI 4 PC	RICE, ROTI, MOONG DAL, FULGOBIALOO SABJI, LAL SAAG, AACCHAR	SAMOSA 2 PC	ZIRZ RICE, ROTI, CHANA DAL FRY MATHI MATAR MALAI ,
THURSDAY 16 TH JAN 2025	AJAWIN PURI, MATAR ALOO SABJI, LAPSI	ANY ITEMS FROM CAFE	RICE, ROTI, ARAHAR DAL , FULGOBI ALOO SABJI, BAGAN FRY , SALAD	MURI MASALA	ROTI, YELLOW RICE, DAL FRY, BEANS ALOO FRY, MILK

Principal

Canteen in-Charge

Administrator

Note: Menu is subject to change due to unavailability of vegetables